

# Sally Ann's Healthy Eating Kitchen

Learn Cooking Skills, Nutrition, Budgeting Tips, Food Safety and Meal Planning in a fun, supportive and relaxed environment!



**Dates:** Mondays April 4, 11<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup>

**Time:** 12:00-2:30pm

**Location:** The Salvation Army Vancouver Community & Family Services  
3213 Fraser Street, Vancouver

**Fee:** Free

**Enquiries:** Call Chelsea Marsh at (604) 872-7676

Childcare provided if required | \*Pre-registration is required\*

... A Community Kitchen brought to you by ...  
**The Salvation Army Vancouver Community & Family Services**  
3213 Fraser Street, Vancouver, BC, V5V 4B8 Tel: (604) 872-7676

